

# **St. Margaret's Athletic Code**

## **2010-2011**

In joining an athletic team at St. Margaret's, a student-athlete must agree to the following Athletic Code.

I realize that it is a privilege to participate in all athletic activities at St. Margaret's Episcopal School. Accordingly, I accept and will live by the following Athletic Code:

1. I understand that my presence is required for every class on days of competition as well as practice. If I am not present then I will not be allowed to participate in competition or practice. The only exceptions are for doctor's appointments and the like in which case the athlete is required to bring a doctor's note of verification to school. (Please note that an absence is defined by the school as missing a class for more than 15 minutes.)
2. I understand that my participation is a season-long commitment to myself, my team, and my coach, and that if I quit or am dismissed from the team after a roster has been formed, I will not be eligible for any other sport during the season or subsequent seasons without the final approval of the athletic director after speaking to both coaches.
3. I realize that there is a CIF rule which states that I cannot be a team member of a St. Margaret's sport's team and a member of a club team in the same sport during the same season. If I break this rule my school, team and self will suffer consequences.
4. I will be personally responsible for all school athletic equipment checked out to me, and will return it in good condition immediately following the last contest, or I will pay for the replacement of the equipment.
5. I will work daily during the season of sport to improve my skills and be an asset to my team.
6. I will conduct myself in a manner to bring respect to myself and my team, both at St. Margaret's and at other schools. I understand that my behavior is a reflection upon myself, my team, my coach and my school.
7. My attendance at practice and games is mandatory. If, for some very important reason, I cannot attend, I will contact my coach, at the very latest, by the morning before the practice or competition.

8. I understand practice for fall sports begins before the beginning of school and there may be times when I will practice on Saturdays and during school vacations.

9. I will organize my time so that my academic responsibilities and outside activities do not conflict with practices or games. I understand that my team commitment does not excuse me from maintaining academic excellence.

10. I understand it is my responsibility to contact my teachers 24 hours before I will miss their class for an athletic event. If I fail to do so my teacher has the ability to keep me from attending my game. My teacher may also consider my absence as unexcused.

11. I am aware that smoking, drinking and the use of narcotics and other illegal, chemical substances are harmful to my body, not condoned by the members of the St. Margaret's coaching staff, and are serious violations of St. Margaret's rules and expectations that can result in my dismissal from St. Margaret's.

12. I understand that the coach has the sole responsibility to decide who will play in a game, match or contest.

13. I understand that any unsportsmanlike conduct or other violation of this code or the rules determined by the coach may result in disciplinary action not only by the coach, but also the athletic director or the administration in the form of possible suspension or dismissal from the sport or from school, in the case of a serious infraction. This suspension may affect one's future participation in St. Margaret's athletic program.

14. I understand that the use of anabolic steroids is illegal and harmful to my body. St. Margaret's as well as the CIF do not support or allow the use of any steroid. The use of this substance can result in the dismissal from school. SMES does not encourage or endorse use of any performance enhancer at any time.

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Athlete's Name (Please Print)

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Athlete's Signature

\_\_\_\_\_  
Sport

\_\_\_\_\_ Date

